SAINT GEORGE GREEK ORTHODOX CHURCH

CHURCH STAFF

- Parish Priest:
 Fr. Michael
 Constantinides
- Caretaker: Jason Leon
- GOYA Advisors: Dr. Vicky Pyevich/ Anne Kirpatrick
- HOPE/JOY Advisors: Pres. Maria Constantinides/Candice Elias
- Outreach and Evangelism Chair: Angela Spurgetis
- Parish Council President: Mary Rankin
- Philoptochos President: Susan Matos
- Prayer Ministry: Gus Pappas
- Sunday School Director: Deacon Paul Speed

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The Trophybearer

VOLUME 6 ISSUE 4

APRIL 2016

PASTORAL MESSAGE

Did any of you ever stop to think about the awesome feast that is quickly approaching? Did any of you ever feel that when Pascha comes you are not fully prepared? By prepared, I mean that we are in a correct state of spiritual preparedness not whether we have the right outfit or whether the lamb will be good this year or over cooked. The Church, in her love and wisdom, makes an effort to prepare us for this feast by giving us themes to concentrate on every Sunday during Lent. The first Sunday had as its theme the triumph of the correct faith. In other words, those who believe correctly will be victorious even if they are down for a while. The second Sunday had as its theme the energies or actions of God. God acted to heal the paralyzed man and through the healing brought him to a closer relationship with Himself, a relationship based on participation. Christ forgave the sinner and the sinner began to live a life of forgiveness. The third Sunday is no exception. My brothers and sisters in the Lord, the themes of the Third Sunday of Lent are self-denial and repentance. Let us take a few moments to discuss these themes and see how they can be applied to our lives.

"Whoever desires to come after me let him deny himself, and take up his cross and follow me." Self-denial is the message given to the disciples. The Disciples lead people of God, yet since the disciples are part of the people of God, and there are no special rules for the leaders versus those who are led, the message indeed is for all of us. What should we deny? Not the good things, but sin, or more specifically the predisposition towards sin and the evil passions and desires associated with it. In other words, we should put to death the old man since the old man is separated from God, from his fellow man and thus lives in death. The old man died in baptism, yet we resurrect the old man when we sin. We must get rid of him. This must be voluntary. God does not force us, but calls us to good things and not evil, to life and not punishment. Yet since man is free to choose, there are ramifications to his choice. The Christian life is not a bowl of cherries, in fact St. John Chrysostom tells us, "for although it be in my power, as Son of God, to hinder you from having any trial at all of those hardships, yet such is not my will for your sake, that you may yourself contribute something and be more approved.' So, God does not smooth everything over for us or remove trials and tribulations. With this verse, God explains the cost of discipleship which is self-denial, the carrying of ones cross (suffering) and obedience to Christ.

"Let us come boldly to the throne of grace for help in time of need". St. Paul calls us to repentance, to metanoia that is a change of mind. This change is a real change and not going through motions. Why? Because we fall short of God's calling. Man is called to grow in image and likeness to become an imitator of God's life. C. S. Lewis tells us in his book "The Screwtape Letters" "He (God) really wants to fill the universe with a lot of...little replicas of himself—creatures whose life, on a miniature scale will be like...His... (He)...really wants a world of beings united to Him but still distinct." We decided to do things our way and must do things God's way. When? Now because after death is too late, and we do not know the time of our death. In this life Christ grants mercy and grace. In the next life He grants judgment. Christ can forgive easily because he is both the Son of God and thus has the authority to forgive sins, and the Son of Man who was tempted like us and thus talks the talk and walks the walk.

How do we apply this to our lives? First through prayer, which is communication with God thus linking us to both the Church and our fellow man through God. It is an important element to being a Christian since it makes us realize that we are not alone and that there are others besides us. Second through fasting this restores the relationship between body and soul, and between God, our fellow man and nature. Thirdly through the reception of Holy Communion. Holy Communion brings us into union with God and His saints, makes us part of Christ and energizes us. In fact, it is the defining characteristic of a Christian.

So we can see then that Christ calls us to follow him. To truly follow him we must deny ourselves. More accurately, we must deny the part of ourselves that was added on, that is sin. Having severed our evil dispositions we may approach the great mercy seat of Christ and be cleansed of our stains. This becomes easier knowing that Christ is indeed one of us and underwent temptation. He lived the life that he calls us to live and for that, reason can be merciful, because he knows how tough that life is. We approach the seat of mercy by using the tools that he provided us. Let us then not overlook this great mercy that is given us to approach the mercy seat of Christ. For we know not the day or the hour of our death. Let us not approach too late or we may find the mercy seat a judgment seat instead. . Let us use the rest of the fast, which is at its halfway point, to thoroughly prepare ourselves for the joy of the Resurrection of our Lord. Amen

Fr. Michael Constantinides, Parish Priest

April 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					l Fast Day	2 Oil and Wine allowed
3	4	5	6	7	7:00 p.m. Third Salutations 8	9
Third Sunday of Lent Veneration of the Holy Cross Oil and Wine Allowed Spring Assembly 8:00 a.m. Orthros 10:00 a.m. Divine Liturgy Sunday School classes	Fast Day	Fast Day	Fast Day 10:00 a.m. Orthodox Study Forum	Fast Day	Fast Day	Oil and Wine allowed
Holy Communion 5:00 p.m. Sunday Evening Vespers	6:00 p.m. Great Compline		5:00 p.m. Presanctified Divine Liturgy at the Assumption Church	6:00 p.m. Orthodox Study Forum	7:00 p.m. Fourth Salutations	
10 Fourth Sunday of Lent Saint John Climacus Oil and Wine allowed 8:30a.m. Orthros 10:00 a.m. Divine Liturgy Sunday School Classes following	11 Fast Day	12 Fast Day	13 Fast Day 10:00 a.m. Orthodox Study Forum	14 Fast Day	15 Fast Day	16 Oil and Wine allowed 10:00 a.m. Tour 1:00 p.m. Hope/Joy Prosphora Making
Holy Communion 5:00 p.m. Sunday Evening Vespers	6:00 p.m. Great Compline	7:00 p.m. Parish Council Meeting	5:00 p.m. Presanctified Divine Liturgy	6:00 p.m. Orthodox Study Forum	7:00 p.m. The Akathyst Hymn	
17 Fifth Sunday of Lent Saint Mary of Egypt Oil and Wine Allowed 8:30a.m. Orthros 10:00 a.m. Divine Liturgy Sunday School Classes following	18 Fast Day	19 Fast Day	20 Fast Day 10:00 a.m. Orthodox Study Forum 5:00 p.m. Presanctified Divine Liturgy at the	21 Fast Day 6:00 p.m. Orthodox	22 Fast Day	23 Saturday of Lazarus Oil and Wine Allowed 8:30 a.m. Orthros followed by the Divine Liturgy Sunday School Communion Breakfast followed by the making of Palm
Holy Communion			Assumption Church	Study Forum		Crosses
24 Palm Sunday Fish, Oil and Wine Allowed 8:00 a.m. Orthros 10:00 a.m. Divine Liturgy	25 Holy Monday Fast Day	26 Holy Tuesday Fast Day	27 Holy Wednesday Fast Day 3:30 p.m. Holy Unction	28 Holy Thursday Fast Day 9:00 a.m. Vesperal Divine Liturgy	29 Holy Friday Fast Day Office Closed 9:00 a.m. Royal Hours	30 Holy Saturday Fast Day 9:00 a.m. Vesperal Divine Liturgy
Sunday School classes following Holy Communion 7:00 p.m. Bridegroom Service at Assumption Church	7:00 p.m. Bridegroom Service	7:00 p.m. Bridegroom Service	Evening Meal 7:00 p.m. Orthros for Holy Thursday with anointing of Holy Unction	7:00 p.m. Orthros for Holy Friday	3:00 p.m. Apokathelosis 7:00 p.m. Orthros for Holy Saturday	l I:00 p.m. Resurrection Orthros and Divine Liturgy

The Council Connection

Spring General Assembly: April 3

Please plan now to attend the Spring General Assembly on Sunday, April 3, 2016, immediately following coffee hour. This will be an important meeting to examine the future needs of the parish.

Mardi Gras Report

The recent Mardi Gras was well attended and the council sends out many thanks to those who made it a success. First of all, we are happy that so many of our brothers and sisters from the Assumption Parish in East Moline were in attendance, and we thank them for their support and fellowship!

Thanks also to the tireless culinary efforts of Collette Spurgetis and Tom Bakeris in their days-long preparation of the yummy kapama sauce! (Apologies to everyone who wanted to purchase some the next morning....it was all consumed at the event!) They were joined by Jimmie Pliakos (and his son Stephen and daughters Libby and Nina) for preparations on Friday and Saturday. Thanks to Ted and Deb Kutsunis for setting up and manning the bar, to Nancy Spurgetis for the striking decorations, to Mike Gust and Tony Bakeris for their help in the kitchen, and for all of the parishioners who bought tickets and brought friends to the event.

Also thank you to the parishioners who contributed their time and talents to the auction: John Stratton donated a number of exquisite paintings. Tom Bakeris and Jimmie Pliakos donated provisions and preparation for two lamb Martha Stratton roasts. bid on and won the box seats for a Bandits game and then donated them to the St. George Youth Groups. Angela Perantinos crocheted and donated two beautiful doilies. Dimitri Papageorgiou contributed a perennially favorite auction item of a wine tasting event. Marge Stratton donated a lovely

Lladro figurine that Joe Burmeister was eager to snap up! Thanks to all of our donors and bidders!

Note of Thanks to Mike Gust:

Over the past six or seven months, we have been blessed with Mike's contributions of time and talent in completing a number of projects for the parish. His most recent "good deed" was putting in new tile behind the bar area....something the health inspector will be happy to see! Thanks so much for your service, Mike!

Yours in Christ,

Mary Rankin

Mary Rankin Parish Council President Serving on the Parish Council is a sacred opportunity! If you wish to serve please contact Father Michael or Mary Rankin!

Epistle Readers

Sunday, April 3, 2016 Third Sunday of Lent Alexa Florence

Sunday, April 10, 2016 Fourth Sunday of Lent

Ethan Kirpatrick

Sunday, April 17, 2016 Fifth Sunday of Lent Loukia Constantinides

> Sunday, April 24, 2016 Palm Sunday Michael Pyevich

Parish Council Sunday Duty

Sunday, April 3, 2016 Joe Burmeister, Mary Kay Eckert Mary Rankin Ken Stiegel

Sunday, April 10, 2016 Dale Allison Brad Crosson, Mariellen Crosson Mike Patramanis

Sunday, April 17, 2016 John Mekus, Dennis Spurgetis, Diane Spurgetis Mary Rankin Sunday, April 24, 2016 Joe Burmeister, Mary Kay Eckert Mary Rankin Ken Stiegel

Coffee Hour Hosts for March 2016

Sunday, April 3, 2016 hosted by:

Alexa Florence and Dena Manta

Sunday, Sunday, April 10, 2016 hosted by:

Open

Sunday, April 17, 2016 hosted by:

The Winters

Sunday, April 24, 2016 hosted by: Open



"O Lord, open my lips and my mouth shall show forth your praise!"

Anyone interested in being an epistle reader should contact the church office!

EVENING MEAL VOLUNTEERS

April 27– Mike and Nancy Avgenackis

May 25-Nick and Nancy Coin

> June 22-Alexa Florence and Susan Coin

Anyone interested in participating in this worthwhile ministry should contact Dena Manta at 332-1684.



Fellowship and fun! Monthly Pastoral Visits

Shut-in: 9 Hospital Calls: 3

House Blessings: I

Please keep the sick and the shut-ins in your

/ • • • •

prayers!

Memorials/ Trisagia

> April 3, 2016

Trisagia

Peter P. Booras

20 years

Angela D. Booras

9 years

PARISH COUNCIL NEWS

Will be meeting on Tuesday, April 12, 2016 at 7:00 p.m. in the Green room.

PRE-SANCTIFIED LITURGY WITH LENTEN MEAL TO FOLLOW

It is customary that on Wednesdays during the Lenten season we have what is known as a Pre-Sanctified Liturgy. It is a beautiful service and an opportunity to partake of the Body and Blood of Christ to help strengthen us during our ascetical struggle of fasting. We are continuing the tradition of alternating with Assumption Parish each week on holding this service. It is one of the most difficult services to chant and this way we can do it together as one church in Christ. Also following these services at both parishes we will have a little Lenten dinner offered. Along with the dinner we will have a small Lenten Lecture Series. All are welcome to join us and learn a little more about our faith.

SUNDAY EVENING VESPERS

Every Sunday evening during Great Lent at 5:00 p.m. we will be having Lenten Vespers. Please join us for these special Lenten services

MONDAY COMPLINE SERVICES

Every Monday during Great and Holy Lent at 6:00 p.m. we will be having Great Compline Services. All are invited.

METROPOLIS NEWS

Please reserve the date for

Community News

your family!

The Metropolis of Chicago Family Synaxis Lenten Retreat

"Family and Forgiveness"

Retreat Leader: Peli Galiti, M.Ed, Ph.D.

Saturday, April 2, 2016

St. Spyridon Hellenic Orthodox Church

12307 S Ridgeland Ave, Palos Heights, IL 60463

www.gocfamilysynaxis.org

ALTAR BOY NEWS

On Saturday April 23, 2016 following the Divine Liturgy we will have an Altar Boy meeting to prepare for Holy Week. Join us!

SUNDAY SCHOOL NEWS

On Saturday April 23, 2016 all students are invited to join our Sunday School Teachers in making Palm Crosses following the Divine Liturgy.

PALM SUNDAY

Please join Father Michael and the Esteemed Parish Council in welcoming His Grace Bishop Demetrios of Mokissos to our Parish Family as he leads us in the celebration of the Divine Liturgy on Palm Sunday. May God grant him many years of health and joy to guide His Church

MYROPHORES

During the Lamentations service on Holy Friday night we again will be having the young girls serving as Myrophores, anyone's daughter who is interested in doing this please contact Mary Rankin 563-263-2341 or Collette Spurgetis.

HOLY FRIDAY EPITAPHIO PROCESSION

On Holy Friday night we will once again be doing our procession of the Epitaphion around the church. We are need of volunteers who would like to help carry the Epitaphion during part of the procession. Anyone interested please see Scot Johnson for more information.

CALLING ALL READERS

Any parishioners who are able to read a foreign language and would enjoy reading the Gospel at the AGAPE Vespers on Pascha, May I, please contact Father Michael.

PASCHA LAMB ROAST AND POTLUCK

On Sunday, May 1st following the Agape Vespers our parish will be hosting it's Pascha Pot Luck beginning at around 12:30 p.m. We will have an Easter egg hunt for the kids and we will be serving Lamb as well as what ever else is brought on that day. All parishioners are welcome to attend.

FEASTDAY CELEBRA-TION AND LUNCHEON

On Monday, May 2nd we will celebrate our Parish feast day. We will have Orthros at 8:30 a.m. with Liturgy to follow at 10:00 a.m. Following Divine Liturgy we will have a luncheon provided for all in attendance. We will serve Chicken, rice and traditional Greek green beans. Please join us as we celebrate are Patronal Feast day of St. George.



Our Saint George Parish Community

PRAYERS FOR OUR SHUT-INS

Have we taken for granted our health? Some of our members who are no longer able to come to church would always appreciate a phone call just to say hello.

> Anne Allen Ted Bagatelas Helen Corelis Stella Cudworth Elaine Froumis Judy Pappas Jim Patton Xenia Patton Janice Smirles Pat Grevas Jim Tsagaris

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In children we have a great charge committed to us. Let us bestow great care upon them, and do everything that the Evil One may not rob us of them."

St. John Chrysostom, Homilies on 1st Timothy.

I want thank the parents, grandparents and other family members and friends who have been so diligent in getting our young people

Sunday School News

to Sunday School every Sunday. We are having a good year.

Now we are deep into Great Lent, it is all more the more important to have our children in church. Our Sunday worship aims us unfailingly to Holy Week, and Pascha. For those who can, a variety of evening services will provide more opportunities to worship and learn our way deeper into the Faith. Our lessons plans provided by the Metropolis will be pointing toward Pascha as well, and we look forward to seeing our children at Sunday School.



St. Philip the Deacon is the patron saint of Religious Education. He was an inspired evangelist and teacher whose missionary work brought a multitude of new believers to Christ in Samaria and other cities. along the coast of Palestine

Notification of the Spring General Assembly on April 3, 2016

Dear St. George Stewards,

On Sunday, April 3, 2016, following the fellowship and coffee hour, we will be convening our Spring General Assembly in the Gold Room. Please make every effort to attend.

As a reminder, the General Assembly is a meeting of all members in good-standing. A member in good-standing is defined by the Uniform Parish Regulations of the Archdiocese as any person eighteen years of age or older who was baptized according to the rites of the Orthodox Church, or was received into the Orthodox Church by Chrismation, who lives according to the faith and canons of the Orthodox Church, who has met his or her stewardship obligation and abides by the Uniform Parish Regulations of the Archdiocese and the by-laws of the Parish. Members in good-standing, in attendance, constitute a quorum of the General Assembly.

A new member may vote in the General Assembly provided that they have been in good-standing at least three (3) months prior to the date of the General Assembly. If you would like to vote on any of the motions made during the General Assembly, you must be present. Absentee ballots will not be counted.

2016 SPRING GENERAL ASSEMBLY AGENDA

April 3rd, 2016

CALL TO ORDER	STEWARDSHIP REPORT	
OPENING PRAYER	FESTIVAL REPORT	
AUDIT COMMITTEE FINANCIAL REPORT	OLD BUSINESS	
PRIEST REPORT	NEW BUSINESS	
MARDI GRAS REPORT	CLOSING PRAYER	ADJOURNMENT

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We are very excited to get our St. George children involved in our HOPE/JOY group.

If you have children between the ages of 3-12 and want them to make lifetime friendships, have fun and learn about their faith, then this is the group to be in!

We plan to have monthly meetings with a fun activ-

HOPE/JOY NEWS

ity, some time with Fr. Michael and fellowship with their friends.

Our first meeting will be in April and we plan on teaching the kids how to make Prosphoro. They will each get to make their own Prosphoro that will be used in the Divine Liturgy. Please look for the flyer for this event soon.

Goya News

We hope all of you enjoyed our warm March weather! March was a quiet month for the youth but we do look forward to more activities as we enter Spring.

GOYA will be once again hosting Good Friday Luminaries. They will be lighting the path with the luminaries around the church with the names of loved ones who have

We had our initial meeting with good ideas presented for reaching parishioners we have not seen in a while, and to introduce ourselves to those outside of our church community.

Hosting a blood drive, cooking classes, notices

passed on and for wishes for the health of family and friends.

Our GOYANS will personalize each candle-lit bag (Lambada) with **†** In the Memory of... or **†** For the Health of... The bags will be lined around the church along the path of the Epitaphion. Cost is a free will donation. The youth will be collecting your infor-

Outreach and Evangelism

for college campuses and radio stations of our activities, volunteering at community events, presentations by Fr. Michael, and inviting friends to church were a few of the ideas.

We welcome your suggestions and invite you to mation after Church services during the month of April. Also look for luminary forms in the bulletin.

All youth 13 years and up are welcomed to join any of our GOYA activities. Look forward to the start of Great Lent!

Vickie Pyevich Anne Kirkpatrick GOYA Advisors

join us in the activities. As Fr. Michael says, "Orthodoxy is the best kept secret around". We are enthused to share Orthodoxy and advance the ministry of our church.

Angela Spurgetis Outreach Chairperson The Four Circles of Youth Ministry: Worship Witness Fellowship Service



Please feel free to contact

Presbytera Maria at pres-

as4130@yahoo.com with

or

eli-

mariazoe@aol.com

Candace Elias at

any questions.

St. George Stewardship Notes

"Those that Seek the Lord Shall Never be in Want of Hny Good Thing"



2016 QUICK FACTS (as of March 21, 2016)

\$117,380.00 = Amount pledged for 2016 by 113 households

\$47,972.00 = Amount given to 2016 stewardship since Jan. 1

\$1,039.00 = Average pledge per household at this date

\$274,893.00 = Amount needed for the ministries of St. George Parish for 2016

2016 First Quarter Update

Since January 1, the parish has been using a data software program specifically made for the Greek Orthodox Archdiocese of America to record individual contributions, including stewardship. This program will provide the parish with useful statistics as well as provide the individual with a more userfriendly quarterly statement. The new format statements will be mailed in early April along with the Holy Week bulletin and the Easter Offering envelope.

Also, a list of current stewards is included in this issue. If there are any mistakes on the list or on the statements, please contact Mary Rankin at 563-263-2341 or at mbarton83@aol.com.

Percent of 2016 operating budget currently pledged: 23%

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Father and Presbytera Michael Constantinides Father and Presbytera Chris Matos Deacon and Deaconess Paul Speed Ray and Connie Allen Dale and JoElaine Allison leff and Elaine Amidon John and Pat Andrews Mike and Nancy Avgenackis Ted and Karen Bagatelas Tom and Jenny Bakeris **Ppascal Booras Diane Breckon** loe Burmeister Hillary Callas John and Darcy Callas **Emily Caras** Peter and Becky Caras Carol Chickris George and Nancy Coin Harry G. and Susan Coin Nick and Nancy Coin Stan and Kay Coin Helen Corelis John and Shan Corelis Brad and Mariellen Crosson Cleo Dalamaggas Angeline Douglas Jayme Eckert Steve and Mary Kay Eckert Daniel and Mari Elias Maurice and Sue Elias Tony and Candace Elias Paul and Kathy Farrell Scott and Alexa Florence **Elaine Froumis**

2016 Stewards

George Gnatovich Pete and Arlene Gust Vanessa Hayden-Porter Nick and Claudette Jannes Tim and Kathy Joannides Scot and Adrienne Johnson Candice Kalman Georgia Kalomas Louis and Amanda Kantzavelos George and Diane Karoules John and Jennifer Kay Ermioni Keber Quinn and Anne Kirkpatrick Deborah Kutsunis George and Linda Kutsunis Ted and Debra Kutsunis Chris and Nikki Lebessis Jennifer Lensgraf Jason Leon Von Lillios **Darlene Lingris** Dena Manta Emmanuel and Tracy Mathews Nancy Mathews Peter and Susan Matos John and Linnea Mekus Helen Moorhead Steve Morgan Ken and Pam Mott Marguerite Nelson Anthony and Marianne Nichols **Pauline Nichols** Demetrios and Kathy Papageorgiou Chris Pappas Gus and Kerri Pappas Judy Pappas Mike and Vickie Patramanis

Angela Perantinos Marina Pikis Ted and Georgjean Pitsoulakis **Demetrios Pliakos** Ann Polillo Mike and Vickie Pyevich Mary Rankin Jovanka Rastovic David Ray Dennis and Marina Reese Effie Skafidas Frank J. and Mary Jane Skafidas Tom Skafidas **Janice Smirles** Gordon and Helen Smith Randy and Chris Smith Angela Spurgetis **Colette Spurgetis** Dennis and Nancy Spurgetis **Diana Spurgetis** Mary Spurgetis Nick and Fran Spurgetis Ken and Helen Stiegel John and Martha Stratton Marge Stratton James and Elizabeth Teros Stephanie Thodos Veronica Tolescu Gus and Virginia Tripilas Ellen Tsagaris & Dino Milani James Tsagaris Frank Vretis Bill and Diane Whitehead Kim and Mary Winters

We are deeply grateful to our Lord Jesus Christ for our faithful and committed Stewards.

These parishioners have either filled out a pledge card, made a 2016 stewardship contribution, or both as of 03/21/16.

Parish Happenings

DONATIONS for GREAT LENT and HOLY WEEK 2016

If you wish to give anything from our donation list, please call the Church office and speak with Fr. Michael to find out what is available. Thank You for your constant love and support

Palms and Bay Leaves for Palm Sunday: \$400

Flowered Frame Nymphios Icon: \$150

12 Candles for Holy Thursday: \$100

Linen White Bed Sheet for Good Friday: \$20

Clergy Paschal Candles: \$250

Flowered Frame St. George Icon for Feastday of the Church: \$150





Parish Happenings

<u>Change for Change</u> <u>Challenge</u>

From Sunday April 3-24, The Philoptochos society is again asking parishioners to help fill a milk jug to benefit a local charity. This year proceeds will go to the *Vera French Community Mental Health Center* which serves over 10,000 adults and children in our community each year through a variety of programs at numerous community locations. The Philoptochos will match the donations up to \$300. So <u>change</u> your pennies, nickels, dimes and quarters into something that can help <u>change</u> the lives of those in need.





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PALM CROSS MAKING



Join us on the Saturday of Lazarus

Attend the Divine Liturgy...

Take Communion...

Share a Lenten Breakfast...

and Make Palms!

All Sunday School Students, Teachers, Parents & Guests are welcome to attend:

SATURDAY APRIL 23, 2016

ORTHROS BEGINS AT 8:30 A.M.

Sponsored by Saint George Sunday Church School

Parish Happenings

2016 Saint George Pascha Potluck Dinner

Come join us following AGAPE Vespers for a wonderful Lamb dinner provided by St. George Greek Orthodox Church.

Everyone brings something along with them and we share in the truest sense of Christians.



Fun for the kids with our annual Easter egg hunt.

Good Music

Fun fellowship Foods from all around the world.

Again Join us for the Saint George Greek Orthodox Church annual

PASCHA POTLUCK DINNER



SAINT GEORGE FEAST DAY CELEBRATION



On Pascha May 1, 2016 we will be celebrating Great Vespers for the feast day of Saint George in conjunction with the Agape Service at 11:00 a.m.

Following will be our Paschal Pot-Luck

Then on Monday May 2, 2016 we will be celebrating the feast day of The Great Martyr George the Trophybearer with Orthros at 8:30 a.m. and Divine Liturgy at 10:00 a.m.

Immediately following Divine Liturgy QC USA Family Restaurant is hosting a Luncheon Buffet for all those in attendance.

All are invited to join us in celebration of the Great Martyr George.

Come and enjoy a day of celebration honoring our Great Saint.



Third Sunday of Lent-Veneration of the Holy Cross (April 3)



The Veneration of the Holy Cross

The third Sunday of Lent marks the middle of the Lenten Season. During the early days of the Christian Church, this forty-day Lenten period was the most solemn period of the church year. All Christians maintained a strict fast. Meat, oil and dairy products were strictly forbidden. It was a period of fasting and prayer. Bible reading was accentuated and every Orthodox Christian performed good works of Christian charity. Many attended "religious retreats" at nearby monasteries and monastic communities. This forty-day period soon became known as a period of self-denial, selfsacrifice and repentance. Christians prepared themselves to suffer the agony undergone by our Savior as he was tempted by the devil in the desert and as he suffered and died upon the Cross of salvation. Since this

very same Cross has been the symbol of victory of good over evil, life over death and eternal life over extinction, the Fathers of the Church saw fit to observe the third Sunday of Lent (the half-way mark in Lent) as "Adoration Sunday of the Holy Cross of Jesus Christ." By pausing during this Holy period of fasting, we receive courage and reassurance of God's continued grace by viewing the Cross of Christ. The service is similar to the feast day celebration of the "Elevation of the Cross" which is held every September 14th in the Orthodox Church. During today's service, the Cross is carried aloft by the Priest and flowers are distributed after the procession. This is symbolical of the beauty of the Resurrection of our Blessed Lord which we await to celebrate with great anticipation.

During ancient times in many far away lands the warring Kings, after winning victory on the fields of battle, would invariably dispatch a messenger back to the capital of the country in great haste to inform the people of the great victory and also of the coming triumphant return of the victorious King to the city. In so doing, the people were given the opportunity to prepare a giant celebration reception for their and leader. In the same way the Church, during the Service of the Adoration of the Holy Cross, has brought forward the Cross of Jesus Christ to remind us of the coming victory of Jesus Christ over death and evil. We are given reassurance of the greatest battle and the most significant victory in all human history - the victory of Jesus Christ over death. The Easter hymn tells us of this victory: "Christ is risen from the dead, by death trampling upon death and bestowing life to those in the tombs." This is the message which the mother Church wishes to convey today. The Cross of Jesus Christ has been our symbol of victory for 2000 years. Never lose sight of this - it is ours to share if we but take up arms against the forces of evil that surround us in a materialistic world and labor side by side for a better today and a finer tomorrow for all mankind.

O Lord and Master of my life, give me not a spirit of sloth, despair, ambition or vain talking. But rather a spirit of purity, humility, patience and love bestow on me Your servant. Yes. Lord and King, grant me to see my own faults, and not to judge my brother. For Your are blessed to the ages of ages. Amen Saint Ephraim the Syrian

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Fourth Sunday of Lent-Saint John of the Ladder (April 17)



Saint John of the Ladder

The fourth Sunday of Lent is dedicated to one of the holiest men of the Christian Church. His name was John of the Ladder (Climacus) and he lived during the 6th century. At the age of 16 he left his beloved Palestine, where he was born, and journeyed to what is now known as St. Catherine's monastery at Mt. Sinai in Egypt. This famous monastery is the oldest Christian monastery in the world and has been a place of meditation and prayer since St. Helen first visited the area in the year 329 A.D. For over 1600 years this monastery has been a spiritual haven for thousands of pious monks who came in search of the true spiritual life. Mt. Sinai has always been the scene of Jewish, Moslem and Christian devotion. It was here that Moses first talked with God and received Divine assurance of Jewish liberation from Egyptian bondage. Moses also

received the precious Ten Commandments from atop Mt. Sinai, and the Prophet Elijah found refuge at this sacred spot in the desert from the wicked Queen lezebel. It was at this magnificent spot on earth that St. John of the Ladder came and lived a life of dedication and prayer as a hermit in the wilderness. He remained for fifty years in a cave, and people from all over the world came to hear his words of wisdom, During the latter part of his life he wrote a famous book of spiritual exercises entitled "The Ladder of Perfection." This is why he became known as St. John of the Ladder. The ladder of which he writes was symbolical of a spiritual ladder leading from earth up into heaven. It consisted of spiritual exercise through which the Christian could reach the highest point of spiritual perfection and thus become a participant in the Kingdom of Heaven. Many monks throughout the world still utilize this tremendous work of St. John in their spiritual meditations. The work itself is considered one of the most inspiring gems of Christian literature.

St. John of the Ladder actually died on March 30th at the age of 86 years. We celebrate his feast day, however, on the fourth Sunday of Lent during which many of his spiritual exercises are used in many monasteries and Churches throughout Orthodox Christendom.

St. John of the Ladder spent over 70 years in the desert of Mt. Sinai. He is considered by the Fathers of the Church to be one of the "holiest" ascetics (hermits) of Christianity. Many thousands of people traveled for many days over rough land through the wilderness of Mt. Sinai in search of this holy man. Many miracles were attributed to St. John of the Ladder, and his wonderful words of Faith brought salvation to thousands who came to seek his aid. St. John loved the monastery of Mt. Sinai, but he preferred the wilderness. He lived by himself in a cave and ate very little. He was a spiritual giant who brought glory to the Christian Church during an age when the world was filled with anxiety and confusion. Since we all make up the living body of Christ in the Church, it was with the example of St. John that all Christians gained divine grace and the Lord's blessings. Our world today is in dire need of more men such as St. John Climacus.

"Open the gates of repentance to me, O **Giver of** Life, for my spirit rises early in the morning to your holy temple, bearing a temple of the body all defiled. But as you are full of pity, cleanse it by your compassion ate mercy." **Triodion** Ideomelon.

Answers to Last Month's "Test Your Faith..."

As Jesus' trial proceeded, Judas became troubled. He was sorry for what he had done and was hoping Jesus would free Himself by some miracle.		roubled. He what he had noping Jesus	9 10 10 11 7 12 14 15 <u></u>
	s chart to ng senten	o decode the ce:	24 10 18 25 11 26 24
A=9	K=6	U=I	<u> </u>
B=26	L=10	V=22	
C=23 D=21	M=17 N=14		25 16 24 12 20
E=24	0=11	Y=5	
F=18	P=19	Z=8	9 14 21 3
G=15	Q=4		
H=16	R=20		Solution: BUT JESUS
I=12	S=3		HIMSELF TO BE
J=2	T=25		HELPLESS IN THEIR HANDS.
26 I	25 2 2	24 3 I 3	

When Jesus was finished speaking, He was lifted up into heaven. The disciples watched until Jesus disappeared. They knew that Jesus was really the Christ, the Savior, the ...

Cross out all the letters that appear 4 times only. List the remaining letters in the spaces below to complete the sentence.

XOZXXXXOX (SXXXF GXXXX	XXOXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX	XXXXXXXXXXXX
Ď	X	Ж	×

SON OF GOD!

Look at all the earth supplies in summer and in autumn! Every Christian, especially the priest, ought to imitate God's bountifulness. Let your table be open to everybody, like the table of the Lord. The avaricious is God's enemy. St. John of Kronstadt

7 9 3

Just as the poor should give thanks to God and return rich love to those who assist them, so all the more should the wealthy give thanks, for through God's providence they are able to perform acts of charity and so are saved both in this age and in the

Thought to Ponder

age to be. For without the poor they cannot save their souls or flee the temptations of wealth.

> St. Simeon the New Theologian

Test Your Faith...

Word Puzzle

Fill in the spaces above the numbers with the letters from the code.

_	4 2 7 7 6 9 5
3	
Code	11 3 7 14 2 16 13 3 12
1=s 6=r 11=1	
2=p 7=a 12=t	14 16
3=c 8=o I3=n	
4=h 9=e 14=y	
5=m 10=i 15=r	5 5 7 85 27
	 7
Fill in the spaces above the num-	,
bers with the letters from the	
code. All number I's are "E".	6 3 19 1 5 6 1 7 2
	0 5171 50172
	<u> </u>
2 3 4 5 6 1 7 2	0 0 5
8 6 5	9 10 7 2 10 1
	I=E 6=H II=W I6=N
9 10 5 6 1 11 9 12 7	2=I 7=L I2=R I7=B
_:	3=A 8=G 13=D 18=U
13	4=M 9=O 14=K 19=V
	5=T 10=F 15=S
6 6 9 10 9 7 7	
9 11 15	